

# Spiritual Care Network: Bridging Faith and Wellness

In a world where mental health and spirituality often operate in separate spheres, the Spiritual Care Network (SCN) is making strides to bring them together. This organization is dedicated to bridging the gap between mental health providers, addiction recovery professionals and the faith community through collaboration and education.

## A Mission of Integration

"Our goal is to encourage, educate, enlighten and empower faith leaders and mental health professionals," says SCN President Eric Ayles. "We strive to incorporate spirituality into all levels of treatment, fostering trusted relationships among service providers."

#### Programs and Impact

Spiritual Care Network provides a range of educational opportunities, such as webinars, inperson meetings and conferences in Houston and beyond. These events are designed to engage the local community. Additionally, the organization offers Continuing Education Credits, recognized by most state boards, at these events.

Ayles says, "We are blessed with industry experts and faith leaders who deliver excellent presentations and workshops."

#### **Community Voices**

Sarah Shelton, leader of the Central Houston SCN group, shares her experience, "It's a wonderful place for me to embrace spirituality and leadership, expand my network of professionals and referrals, learn about the many resources in the community for mental health, addiction recovery and all walks of faith, and building a community in Houston."

Pastor Roger Whitehead praises the organization, saying, "The Spiritual Care Network isn't just for addiction professionals. It's for anyone in a people-helping capacity. Relationships are the lifeblood of these meetings."

# Opportunities for Involvement

SCN offers various volunteer opportunities, from networking group leaders to conference planning committees. Ayles highlights the diversity of participants, "Our monthly meetings bring together healthcare professionals and spiritual leaders from a variety of backgrounds, fostering collaboration and support."

## Join the Movement

If you are interested in learning more or attending a meeting, visit Spiritual Care Network's website at: https://www.spiritualcarenet.org/.

As Shelton puts it, "God is at work here."



