



Eliezer Perez: A Champion for Veterans' Mental Wellness

Warrior Spirit Board of Directors Spotlight

Eliezer Perez embodies the essence of a warrior's spirit, a quality defined by selflessness and a commitment to serving others. His journey from military service to becoming a dedicated advocate for veterans showcases not only his resilience but also his profound belief in the power of community and faith.

A Warrior's Spirit

For Eliezer, someone with a warrior's spirit “puts others and their needs ahead of their own wellbeing.” This ethos drives him in his work, where he continually seeks to uplift those around him, particularly fellow veterans navigating their own challenges. His understanding of sacrifice extends beyond the battlefield; it is woven into the fabric of his everyday interactions and his mission to support those in need.

The Role of Faith in Recovery

Faith has been a cornerstone of Eliezer's recovery and his approach to life.

“I believe that it was God who saved me from my old lifestyle,” said Perez. “It is only through God's sovereignty that I am alive and doing His work today. God had a purpose for me all along and now I can help others realize he has a purpose for them.”

Inspired Advocacy

Eliezer's advocacy for veterans stems from his own experiences with mentorship. He recalls the mentors who took the time to listen and guide him, as well as those who did not, both of which shaped his understanding of support. Now, he aims to be that guiding light for others, leveraging his lived experiences to pave a road to recovery for fellow veterans. His commitment is clear: to ensure that no veteran feels unheard or unsupported.

Addressing Mental Wellness Needs

Upon leaving military service, Eliezer faced significant mental wellness challenges, which he identifies as “community, mentorship, and recovery services.” These needs are not just personal; they resonate with many veterans. By recognizing the importance of these elements, Eliezer emphasizes their critical role in the transition to civilian life and the ongoing struggle many veterans face.

The Rewards of Advocacy

One of the most rewarding aspects of Eliezer's work?

He says, “Knowing that I was once in their shoes, and that my work may help them get on the right track.”

This connection enables him to empathize deeply with their struggles and celebrate their victories. Each success story reinforces his belief that recovery is attainable and that he can make a difference in the lives of others.

A Call to Action

To truly support those who have served—be they veterans, first responders, or recovery counselors—Eliezer advocates for a compassionate approach. He believes in meeting people where they are and recognizing that they are the true experts in their own lives. By fostering understanding and creating supportive environments, we can help those who have dedicated their lives to serving others find their way back to wellness.

Eliezer Perez stands as a beacon of hope and resilience in the veteran community. His warrior's spirit, grounded in faith, personal experience, and a commitment to advocacy, continues to inspire many. By addressing the fundamental needs of veterans and fostering a culture of support, Eliezer not only champions recovery but also ignites a collective movement toward healing and purpose.